

No.1447

# Gotemba Newsletter

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- 2. Let's Check Your Test Result of Specific Examination for National Health Insurance
- 3. Renewal of Medical Expense Assistance Recipient Certificate for Severely Disable Person (Child)
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★The Gotemba Newsletter can be viewed on the GIA Internet site: https://www.gia-gotemba.com

★Copies of this Newsletter are available at the City Hall, the City Branch Offices, Library, Health Care Center and GIA.

#### 1. Applications are Now Being Accepted for Public Kindergarten 2024

Inquiry: Childcare and Kindergarten division at (82)4126

Name of Kindergarten	The number	Phone number			
	Just turned 3 years-old	3 years-old	4 years-old	5 years-old	
Gotemba Kindergarten	-	100	65	55	(82)0037
Fujioka Kindergarten	-	60	55	50	(87)0642
Kamado Kindergarten	-	25	25	25	(83)4144
Harasato Kindergarten	-	60	50	55	(89)0766
Morinokoshi Kindergarten	-	50	50	45	(82)2593
Tamaho Kindergarten	12	50	55	50	(89)2226

#### Eligible Ages:

OAge just turned 3: born during April 2, 2021 thru February 1, 2022 (only Tamaho)

OAge 3 : born during April 2, 2020 thru April 1, 2021

OAge 4 : born during April 2, 2019 thru April 1, 2020

OAge 5 : born during April 2, 2018 thru April 1, 2019

\* Those who are only registered as residents of Gotemba.



#### Applications Date& Time: <u>September 19<sup>th</sup> (Tue.) and 21<sup>st</sup> (Thu.) from 9:00 am - 4:00 pm</u>

#### ♦ How to Apply:

Application forms and guidelines for kindergarten are available at the Childcare and kindergarten division and each Kindergarten. Please be sure to read the details and guidelines for kindergarten enrollment.

(Guidance distribution start date)

Childcare and kindergarten division starts from Monday, August 21st.

Each Kindergarten starts from Friday, August 25th.

\* If the number of applications received exceeds the number of availabilities, enrollment will decide by lottery. If you couldn't get in, you can enroll in another vacant kindergarten.

\* You can only apply to one public kindergarten at a time.

#### 2. Let's Check Your Test Result of Specific Examination for National Health Insurance

Inquiry: Kokuho Nenkin-ka at (82)4121

The specific examination for National Health Insurance for the enrolled target subject will be conducted till the end of October.

It is important to thoroughly check the examination results and know your current physical condition.

The city sends useful information to prevent lifestyle-related diseases according to the physical condition of the person who has undergone a medical examination, so please be sure to check it.



Examination details

Process from consultation to notification after consultation.

- ① Examination at the medical institution
- ② Receive the test result and consultation at the medical institution
- ③ Notification will be sent from the city based on the examination results.

#### Be sure to confirm the notification from the city!

#### \*All who were examined:

Will be sent a health age notification (Estimated: around February, 2024). This is statistical determination of the equivalent age of your own body based on the results of medical examinations.

\*Those who have not been treated for lifestyle-related disease

(Person whose examination results exceed the standard and who are not taking any medication during the interview)

You will be sent a notification recommending to see your doctor.

\*Those who have requested positive support or motivational support on the checkup result sheet You will be sent the information about the physical fitness program. (Specific health guidance)

- What is the physical fitness program. (Specific health guidance)?
  - This is program where you can choose from a menu of activities to participate in that suits you.
    - Individual consultation: Consultation by professional public health nurse or registered dietitian
    - Instruction seminar: Thinking about lifestyle improvement based on the results of examination result, etc.
    - Health and food tips knowledge class: Learn tips about food
    - Gentle exercise class: Exercise that you can participate easily and comfortably even if you are unfamiliar with exercise.

Place: Health center etc. Fee: Free of charge Reservation/ Inquiry: Dedicated dial at (82)8585

## 3. Renewal of Medical Expense Assistance Recipient Certificate for Severely Disable Person (Child)

Subject: Person who is applicable under any of the following

- ① Level 1 or 2 disability certificate holders, or level 3 internal failure
- ② Has nursing notebook judgment A, or judgment B and those who have a physical disability certificate or medical care recipient certificate for independence support by psychiatric hospital.
- ③ Child who receives level 1 special child rearing allowance
- ④ Person who is Level 1 mental disability with a health and welfare handbook

\* Persons will not be subject for this program depending on the income of the individual or family.

- % Persons who is level 3 internal failure or the age 65 and older may receive limited benefits.
- X Not available to use Children's medical expense subsidy program at the same time.
- % Information will be sent to eligible applicants by the end of August.

How to apply & Inquiry:

Contact Syakai fukushi-ka (social welfare division) directly by Fridayy, September 29th at (82)4238.

#### 4. ECOHOUSE INFORMATION / Inquiry: (88)3337

- ◆FREE ITEMS : Child car seat, Folding bed, Double bed, Toddler toy car
- ♦ DONATIONS NEEDED : Low table chair, Step stool for kids
- (Negotiable) : Public kindergarten uniform, Bunk bed, CD boombox

\* Fax and Telephone answering machine service are not available.

\*We only introduce re-useable items. No items are stored in the office. (\*Information as of 7/11<sup>th</sup>)

#### 5. September's Calendar of Events

DATE	EVENTS/TIME	LOCATION	DATE	EVENTS/TIME	LOCATION			
1 (FRI)	Legal Counseling (1:00 pm)	City Hall	19	Health Consultation for Babies and Children (9:20 am)	Health Care Center			
2 (SAT)	Ohanashi Hiroba (2:30 pm)	Library	(TUE)	Health Checkup for 3 years old (1:00 pm)	Health Care Center			
3 (SUN)			20	Seminar for 4 months Babies (9:45 am)	Health Care Center			
4 (MON)				Health Consultation for 18 months old (1:10 pm)	City Hall			
5 (TUE)	Health Checkup for 3 years old (1:00pm)	Health Care Center	21 (THU)					
6	Mother support consultation (9:30 am)	City Hall	22 (FRI)					
(WED)	Mother support consultation (1:30 pm)	Health Care Center	23 (SAT)	Ohanashi Hiroba (2:30 pm)	Library			
7 (THU)	Adult Health Consultation (1:30pm)	Health Care Center	24 (SUN)					
8 (FRI)	Health Consultation for 2 years old (1:10 pm)	Health Care Center	25 (MON)					
9 (SAT)	Ohanashi Hiroba (2:30 pm)	Library	26 (TUE)	Health Checkup for Infants 18 months old (1:10 pm)	Health Care Center			
10 (SUN)			27	OYAKO OHANASHI NO KAI (10:30am)	Library			
11 (MON)			(WED)	Vaccination Shots (BCG) (1:15 pm)	Health Care Center			
12 (TUE)	Health Checkup for Infants 18 months old (1:10 pm)	Health Care Center	28 (THU)	Mental health consultation (10:00 am)	City Hall			
(WED)	OYAKO OHANASHI NO KAI (10:30am)	Library	29 (FRI)					
	Health Checkup for Babies 6 months old (1:10 pm)	Health Care Center	30 (SAT)	Ohanashi Hiroba (2:30 pm)	Library			
	Book start	Health Care Center						
14	Baby Food Class (9:45 am)	Health Care Center						
	Mental health consultation (10:00 am)	City Hall	<ul> <li>The tax payment and rate of September {October 2<sup>nd</sup> (Mon.) is a tax payment due}</li> <li>National Health Insurance tax of 3<sup>rd</sup></li> <li>Medical Care System for People Aged 75 and over (Koki Koreisha Iryo Hoken) of 2<sup>nd</sup></li> </ul>					
15 (FRI)	Workshop for Pregnant Women and husband (9:30 am)	Health Care Center						
	Legal Counseling (10: 00 am)	City Hall						
16 (SAT)	Ohanashi Hiroba (2:30 pm)	Library	For a water usage, sewer usage for use September inspection of a meter					
17 (SUN)								
18 (MON)								

☆Translated by KH of GIA volunteers

### **GIA** Gotemba International Association

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